

- Degree in Physiotherapy (Universitat Internacional de Catalunya - UIC)
- Instructor in Buteyko Methodology (Advance Buteyko Institute - ABI)
- Instructor of the Oxygen Advantage Method (Matias Bussi - Patrick McKeown)
- Postgraduate Degree in Physical Activity and Sports (Universitat de Barcelona - UB)
- Master's in Sleep Medicine and Physiology (UCAM)
- Coordinator of the Postgraduate Program in TMJ Disorders and Sleep Disorders (Fisiofocus-EUNEIZ)
- Official Master's in Osteopathy (Escuelas Universitarias Gimbernat - EUG)
- University Expert Postgraduate in Clinical Psychoneuroimmunology (Regenera - Efrhe International University)
- Objective Assessment and Stimulation of the Somatosensory System (VOESS)
- Expert Postgraduate in Differential Diagnosis (UNEIZ)
- Member of the Temporomandibular Disorder and Orofacial Pain Commission of the Catalan Physiotherapists Association (ColFiCat)
- Member of the Spanish Society of Craniomandibular Dysfunction and Orofacial Pain (SEDCYDO)
- Member of the Spanish Sleep Society (SES)