

- Postgraduate in Obstetric Physiotherapy. 2006-2007. UIC
- Training in Pilates Mat, Reformer, Stability Chair, Ladder Barrel. Essential, Intermediate, and Advanced. Stott Pilates. Aktostudio. 2018-2020.
- Post-Rehabilitation Pilates. 2019. Stott Pilates. Aktostudio.
- Prenatal/Postnatal Pilates. 2020. Stott Pilates. Aktostudio.
- Master's Degree in Pelvic Floor Physiotherapy for Women, Men, and Children. Fisiofocus. Universidad de San Jorge. 2022-2023.
- Certified in Low Pressure Fitness.